

Associates in Sleep Medicine
At the Holy Family Sleep Disorders Center

Golf Medical Plaza

1400 East Golf Road
Building 4, Suite 225
Des Plaines, IL 60016

Golf Medical Plaza is located at the corner of Golf and River Roads in Des Plaines.

Driving Directions... to the doctor's office:

- **From Southbound 1-294**
 - Take the IL-58 exit toward Golf Road
 - Turn left onto East River Road
 - Turn right onto Golf and proceed through the intersection at River Road
 - Turn right into the second driveway and into the Golf Medical Plaza Parking lot
- **From Northbound 1-294**
 - Take the US-14/West Dempster St. exit
 - Merge onto Dempster and immediately make a slight turn right onto Rand Road
 - Proceed to River Road and make a slight turn right
 - Turn left into Golf Road
 - Turn right into the second driveway and into the Golf Medical Plaza Parking lot
- **From the Northwest**
 - Take either Rand or Northwest Hwy. to Golf Road
 - Turn left onto Golf Road
 - There is an entrance to the parking lot before River Road
- **From the North**
 - Take River Road South (North of Willow Road, Milwaukee Ave. South leads to River Road)
 - Turn right onto Golf Road
 - Turn right into the second driveway and into the Golf Medical Plaza Parking lot
- **From the South**
 - Take either Mannheim or Des Plaines River Road North (Both roads merge into River Road)
 - Turn Left onto Golf Road
 - Turn right into the second driveway and into the Golf Medical Plaza Parking lot
- **From the East**
 - Take Golf Road West, past River Road
 - Turn right into the second driveway and into the Golf Medical Plaza Parking lot
- **From the West**
 - Take Golf Road East
 - Turn left into the hospital parking lot before the intersection of River Road