

## **Associates in Sleep Medicine**

*At the Holy Family Sleep Disorders Center*

Golf Medical Plaza

1400 Golf Road, Suite 225

Des Plaines, IL 60016

Golf Medical Plaza is located at the corner of Golf and River Roads in Des Plaines.

### **Driving Directions... to the doctor's office:**

- From Southbound I-294
  - Take the IL-58 exit toward Golf Road
  - Turn left onto East River Road
  - Turn right onto Golf and proceed through the intersection at River Road
  - Turn right into the second driveway and into the Golf Medical Plaza Parking lot
  
- From Northbound I-294
  - Take the US-14/West Dempster St. exit
  - Merge onto Dempster and immediately make a slight turn right onto Rand Road
  - Proceed to River Road and make a slight turn right
  - Turn left into Golf Road
  - Turn right into the second driveway and into the Golf Medical Plaza Parking lot
  
- From the Northwest
  - Take either Rand or Northwest Hwy. to Golf Road
  - Turn left onto Golf Road
  - There is an entrance to the parking lot before River Road
  
- From the North
  - Take River Road South (North of Willow Road, Milwaukee Ave. South leads to River Road)
  - Turn right onto Golf Road
  - Turn right into the second driveway and into the Golf Medical Plaza Parking lot
  
- From the South
  - Take either Mannheim or Des Plaines River Road North (Both roads merge into River Road)
  - Turn Left onto Golf Road
  - Turn right into the second driveway and into the Golf Medical Plaza Parking lot
  
- From the East
  - Take Golf Road West, past River Road
  - Turn right into the second driveway and into the Golf Medical Plaza Parking lot
  
- From the West
  - Take Golf Road East
  - Turn left into the hospital parking lot before the intersection of River Road