

Holy Family Sleep Disorders Center

100 N. River Road

Floor 4

Des Plaines, IL 60016

Holy Family Medical Center is located at the corner of Golf and River Roads in Des Plaines.

Driving Directions...to the sleep lab for study:

- From Southbound I-294
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 - Take the IL-58 exit toward Golf Road
 - Turn left onto East River Road
 - Turn right onto Golf and proceed through the intersection at River Road
 - Turn right into the hospital parking lot

- From Northbound I-294
 - Take the US-14/West Dempster St. exit
 - Merge onto Dempster and immediately make a slight turn right onto Rand Road
 - Proceed to River Road and make a slight turn right
 - Pass through the intersection at Golf Road and turn left into the hospital parking lot

- From the Northwest
 - Take either Rand or Northwest Hwy. to Golf Road
 - Turn left onto Golf Road
 - There is an entrance to the parking lot before River Road

- From the North
 - Take River Road South (North of Willow Road, Milwaukee Ave. South leads to River Road)
 - Turn right into the parking lot before Golf Road

- From the South
 - Take either Mannheim or Des Plaines River Road North (Both roads merge into River Road)
 - Proceed through intersection at Golf Road and turn left into hospital entrance

- From the East
 - Take Golf Road West, past River Road
 - Turn right into the hospital parking lot

- From the West
 - Take Golf Road East
 - Turn left into the hospital parking lot before the intersection of River Road